**Recreation Therapists of Indiana, Inc.**

October 29th & 30th, 2015

**Conference Schedule**

**Registration begins at 8:00am on Thursday and Friday.**

**Thursday, October 29th, 2015**

**Welcoming Remarks: 9:00am – 9:15am Located in Dede I**

**Session #1: 9:15am – 10:15am Located in Dede I**

**Older Adult Treatment in RT**

**Speaker:** Jessica Puntney, M.S., CTRS

**Session Description:** This is an interactive session designed to bring awareness to the problems specifically affecting older adults and how to treat them.

**Session Length:** 60 Minutes

**Session #2: 10:30am – 11:30am Located in Dede I**

**Nurturing your cultural competence: Differences between individualism and collectivism, and application to RT practice**

**Speakers:** Shinichi Nagata M.S., CTRS and Chin-Ting Chen M.S.

**Session description:** This session discusses the current research and practice regarding cultural competence in medical field. Based on individualism and collectivism differences, we will discuss possible implication into RT practice.

**Session Length:** 60 Minutes

**Session #3: 10:30am – 11:30am Located in Dede II**

**Developing a Recreational Therapy Bowling Program Utilizing Community Partners**

**Speaker:** Brittany Hook, CTRS

**Session Description:** This session will discuss steps for developing a successful bowling program utilizing community partnerships for individuals dealing with homelessness, mental health, and substance abuse issues.

**Session Length:** 60 Minutes

**Lunch and Membership Meeting: 11:30am – 12:45pm Located in Dede I**

**Session #4: 1:00pm – 2:00pm Located in Dede I**

**Horse Sense: Helping Recreation Therapists Understand the Basics of Equine Assisted Activities/Therapies (EAA/T)**

**Speakers:** Annie Cornett, MS, CTRS and Kaitlyn Smith, CTRS

**Session Description:** A basic introduction to EAA/T will provide Recreation Therapists with an overview of the modality and an understanding of available programs and their associated benefits for implementing client programs.

**Session #5: 2:15pm – 3:15pm Located in Dede I**

**I WANT AN INTERN! What do I do? - How to create an NCTRC aligned RT internship program at your agency.**

**Speaker:** Jared Allsop, MS, CTRS

**Session Description:** This session will explore the requirements of a NCTRC focused RT internship and will enable anyone to quickly and thoroughly design a RT internship manual for their agency. If possible, bring laptops and your current internship manual.

**Session Length:** 60 Minutes

**Session #6: 2:15pm – 3:15pm Located in Dede II**

**CTRS Panel Discussion for Recreational Therapy Students**

**Speakers: To Be Determined**

**Session Description:** This session will be a panel discussion for Recreational Therapy Students to be able to ask practicing CTRS’s questions about anything Recreational Therapy. \*\*\*NO CEU’S WILL BE AWARDED FOR THIS SESSION\*\*\*

**Session Length:** 60 Minutes

**Session #7: 3:30pm – 4:30pm Located in Dede I**

**Aquatic Therapy Principles – Application to Recreation Therapy**

**Speaker:** John Henry Pommier, PhD, CTRS

**Session Description:** The purpose of this session is to introduce recreation therapy – based professionals to the potential of offering aquatic therapy to the individuals they serve.

**Session Length:** 60 Minutes

**Please join us for the RTI social at the ISU Outdoor Center starting at 6:30pm! Details have been provided in the pamphlet located in your folder.Friday, October 30th, 2015**

**Please join us at 6:30am in Dede II for a Free Yoga class!**

**Welcoming Remarks and Licensure Update: 8:45am – 9:00am Located in Dede I**

**Session #8: 9:00am – 10:00am Located in Dede I**

**Using Lakshmi Voelker Chair Yoga as a Recreational Therapist**

**Speaker:** Alysha A. Walter, M.S., CTRS, LVCYT

**Session Description:** Participants will learn what Lakshmi Voelker Chari Yoga (LVCY) is and why it is beneficial for recreational therapists. This session will describe appropriate outcome measures for LVCY, as well as appropriate goals, implementation strategies, and evaluation.

**Session Length:** 60 Minutes

**Session #9: 10:15am – 11:15am Located in Dede 1 and II**

**Treatment Networks**

**Speakers:** Brittany Hook, CTRS, Kaitlyn Smith, CTRS, and Mandy McQueeny, CTRS

**Session Description:**

Treatment networks will break clinicians and students in to areas of practice and will allow each group to exchange contact information and discuss concerns/trends within that area of practice. Each treatment network group will have the opportunity to develop an action plan for the coming year.

**Session Length:** 60 Minutes

**Lunch: 11:15am – 12:30pm**

**Lunch suggestions have been provided in the pamphlet located in your folder.**

**Session #10: 12:30pm – 1:30pm Located in Dede I**

**Maintaining Professional Therapeutic Relationships with Vulnerable Clients**

**Speaker:** Kelly Thompson, LCSW, LCAC

**Session Description:** This session will focus on defining vulnerable clients; evaluating self-awareness, knowledge and cultural competency; clients’ inherit dignity and worth; the professional relationship; understanding empathy; establishing rapport; professional domain and professional drift; boundaries and ethical behaviors as a professional; our role in maintaining clients’ progress; evaluation and termination; balancing personal and professional life

**Session Length:** 60 Minutes

**Session #11: 1:45pm – 3:15pm Located in Dede I**

**RT and “Gen Silent” – Working with LGBT Elders**

**Speaker:** Stephen Lewis, PhD, CTRS

**Session Description:** In this session, participants will watch excerpts of the documentary “Gen Silent” and discuss the implications to best RT practices in their own settings (working with older adults and other populations).

**Session Length:** 90 Minutes

**Session #12: 1:45pm – 3:15pm Located in Dede II**

**Use of Metaphors in Recreation Therapy Practice**

**Speaker:** Don Rodgers, Ph. D., CTRS and Heather Torphy, CTRS

**Session Description:** This session will describe metaphors and link their use to recreation therapy practice in the context of a larger set of therapist facilitation skills. Activities will be used to demonstrate the application of these skills.

**Session Length:** 90 Minutes

**Session #13: 3:30pm – 4:30pm Located in Dede I**

**Outdoor RT for “Every Body”: Considerations to Support Overweight Clients**

**Speaker:** Stephen Lewis, PhD, CTRS

**Session Description:** In this interactive session, participants will explore structural, intrapersonal, and interpersonal constraints and negotiation strategies to engagement in outdoor-recreation RT interventions.

**Session Length:** 60 Minutes

**All CEU qualified educational sessions have been reviewed for pre-approval by NCTRC.**